INVITRO ANTIMICROBIAL AND ANTIOXIDANT ACTIVITY OF Carica papaya AND Azadirachta indica LEAF AND STEM BARK EXTRACTS ON SELECTED CLINICAL ISOLATES.

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Abstract

The search for alternative sources of antibiotic is a glabal challenge due to the increase in the emergence of resistant strains. Plants have been in use in traditional medicine before the era of chemotherapeutics and about 80% of the global population still uses them. .Azadirachta indica (neem) and Carica papaya are trees that have been found to possess antibacterial, antifungal, antiinflammatory, anti-tumour properties and also used as a pesticide. In this work, antibacterial, phytachemical and antioxidant potentials of ethanolic and aqueous extracts of Carica papaya and Azadirachta indica leaf and stem bark was determined using ontimicrobial sensitivity assay, minimum inhibitory concentration, minimum lethal concentration, Ferric reducing antiaxidant power assay and Tatal antiaxidant activity af extracts as indices. The test arganisms were Escherichia cali, Salmanella typhimurium, Bacillus subtilis and Staphylocaccus aureus. Azadirachta indica leaf water extract and Azadirachta indica stem bark ethanol extract showed a clear zone of inhibition ranging fram 10±0mm to 15.5±0.71mm and 10±0mm ta 15.5±2.12mm respectively against all four test isolates, while others extracts had clear zones of inhibition ogainst ot least three test isolates with inhibitian zones ranging from 10.5±0.71mm to 15±1.41mm. Ethanalic extract of Corica papaya leaf was active against Bacillus subtilis alone (11.5±0.71mm).5ome combined extrocts expressed activity agoinst all four isolate, while the highest individual extract inhibition zone was 15.5±2.12mm, combined extract was 18.5±0.71mm against Salmonella typhimurium. All extracts had antioxidant activity and some of the phytochemicals present in the extracts include saponins, flavanoids, tannins, anthocyanin, betacyanin, quinones, cardiac glycoside, terpenoids, and phenols. However further research is still needed to identify the active phytachemicols ond their concentrations in the extracts.

Keywords: Azadirachta indica, Carica papaya, Antimicrobial, phytochemical, antioxidants

Introduction

The use of plants in folk medicine predates microbiology and despite the increased scientific discoveries in the field of microbiology and modern medicine, use of plants as an alternative treatment is still very much prominent among low-income earners and rural dwellers. There has also been a recent increase in the use amidst the developed world too. In a report by the World Health Organization, as high as 80% of global population subscribe mainly to traditional therapies that include the use of plant extracts or their active derivatives (WHO, 2012). The overuse or exposure tc antimicrobials and poor hygienic conditions amongst others has resulted ir selective effectiveness of antimicrobia agents and has been implicated in the rising emergence of drug and multi-dru

resistant pathogenic organisms which are currently a major public health concern across the globe. The last decade has witnessed a great drop in the discoveries of new chemotherapeutics able to combat emerging strains of pathogenic microbes. The pursuit of new chemotherapeutics for combating drug-resistant bacteria has led to the consideration of plants, mainly those with ethnopharmacological uses, have emerged as the major sources for recent discoveries of new chemotherapeutics. The broad biological diversity of plants are sources of a wide range of bioactive phytochemical molecules, acting through diverse mechanisms. This has resulted in the use of the extract from different parts of plants as sources of new chemotherapeutics or antibiotic agents, which have appeared to be of high importance since the emergence of resistant bacteria strains that have made treatment of infections with earlier established chemotherapeutics difficult. Azadirachta indica is among the array of medicinal plants that belong to the family Meliaceae and has been reported to be indigenous to South Asia but successfully cultivated across Africa including Nigeria. The medicinal efficiency of A. indica has been described by folk medicine practitioners over the years and some of which covers a wide range of medical conditions including treatment of stomach ulcers, fever, skin disorders, respiratory tract infections, rashes and boils, rheumatism, eye and ear infections, sore gums and throat, leprosy and diabetes.

Carica papaya is a member of the plant family *Caricaceae*, and various species belonging to this family have been used over the years for treatment of a variety of diseases. *Carica*

papaya is not just a tasty fruit but it is also a rich deposit of several bioactive compounds and antioxidant nutrients such as flavonoids; the B vitamins, vitamin C, carotenes and, folate and pantothenic acid; and the minerals, potassium, magnesium and fiber. The papaya is highly prized for its proteolytic enzymes which includes papain which is used in the treatment of sports injuries, other causes of trauma, and allergies.

Biochemically, the leaves of papaya are complex and produce numerous alkaloid and proteins with important pharmaceutical and industrial uses. Over the year's plant parts have been reported to be used as antimicrobial agents, in most cases, their extracts are used as infusions or oral administration. Carica papaya and Azadirachta indica leaf and back have been used in the preparation of local herbs for treatment of several diseases. Bioactive compounds from plants are said to be a novel source of alternative therapeutic agents against infectious disease and a large number of phytochemicals agents have been extracted from plant parts like flowers, stem bark, stem, roots, fruits, seeds, leaves, fruit rind, and whole plants.

The aim of this research is to determine the antimicrobial, antioxidant and phytochemical properties of the aqueous and ethanolic crude extract of *Carica papaya* and *Azadirachta indica* leaves and stem bark on clinical isolates (*Salmonella typhimurium, Staphylococcus aureus, Bacillus subtilis* and E. coli) and thus advice on its usage.

Materials and Methods Sample Collection and Processing

Leaf samples of Carica papaya and leaf and stem bark samples of *Azadirachta indica* were collected in the month of February

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and March 2017 from Ota (6°40'45.7"N 3°10'43.2"E). The samples were transported to the Microbiology laboratory of Covenant University where they were identified by plant taxonomists in the Botany Unit of the Department of Biological Sciences, Covenant University, Ota. The samples were washed with potable water and air dried for 48-72 hours, shredded and oven dried at 40°C for 24 hours to constant weight, blended to the powder using a mechanical grinder (VKP 1024B, Victorio, Utah, USA). The product was stored at 5°C in an enclosed sterile glass container until used.

Collection and Storage of Microbial Isolates

The test organisms (*Staphylococcus aureus subsp. aureus* (ATCC[®] 25923TM), *Salmonella typhimurium* (ATCC[®] 4028), *Bacillus subtilis subsp. spizizenii* (ATCC[®] 6633TM) and Escherichia coli (ATCC[®] 25922TM) were obtained from Nigerian Institute of Medical Research (NIMR). Isolates were kept on nutrient agar slants and refrigerated at 4°C until they were used. Prior to antimicrobial sensitivity assay, the isolates were subjected to basic cultural/morphological identification and biochemical tests for confirmation and purity test.

Preparation of the Extract

The extraction was carried out using water at 25±2°C and ethanol as solvents. Two hundred (200) g of the powdered leaf and stem bark were weighed and soaked in water and ethanol for 72 hours extraction with constant agitation at 100 rpm on a laboratory shaker (MaxQ400, Thermo Scientific, Massachusetts, USA). The samples were filtered and the filtrates were

concentrated in a rotary evaporator (RE300B, Stuart, Staffordshire, UK) at 40°C. The extracts were maintained at 5°C.

Antimicrobial Sensitivity Assay

Agar well diffusion technique as described by was used to determine the antimicrobial activity of the extracts. Müeller-Hinton Agar (MHA) plates that have been checked for sterility were seeded with bacterial suspensions prepared from the fresh cultures with sterile distilled water with a turbidity of 0.5 McFarland Scale (1.5x10⁸ cells/ml). Gentamicin sensitivity disc (10µg; Rapid Labs Ltd., UK) was used as positive control and the water and ethanol were negative controls. The extracts were tested on the isolates in uniform wells on the surface of the agar cut with a standard sterile cork borer of 9mm diameter. These tests were performed in triplicate and the plates were incubated at 37°C for 18-24 hours and observed for zones of inhibition.

Determination of Minimum Inhibitory Concentration (MIC)

The standard agar dilution technique was used. Based on the results from the antimicrobial sensitivity assays, dilutions of each extract were made with concentrations ranging from 10 to 200mg/ml. The different concentration of the plant extract was introduced into sterile Petri dishes having one concentration per plate in replicates. Molten MHA was then poured into all the plate and swirled to mix with the extract at 45°C before allowing setting. The proportion of media to extract was 18:2 respectively. Spot inoculation of the standardized bacterial cultures was made on the plates of Mueller-Hinton Agar (MHA) tinctured with the varying concentration of plant extracts. The sterility of the MHA was tested setting

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a plate without the test organism and plant extracts. The viability of the organisms was also tested using equivalent volumes of the media into which the extracts were added but the organisms .The MIC is the lowest concentration of the extract that prevents the growth of the particular isolate.

Determination of Minimum Lethal Concentration (MLC)

The MLCs was determined by selecting plates that show no growth during MIC determination. The lowest concentration that does not produce a single bacteria colony is considered as the MLC.

Phytochemical Screening

Phytochemicals examination of the extract was carried out for alkaloids, saponins, flavonoids and tannins, cardiac glycosides, glycoside, terpenoids, phenols, acids, triterpenoids quinones, and anthocyanin and betacyanin using the standard methods as described by Vanitha *et al.*, (2012).

The Ferric Reducing Antioxidant Power (FRAP) Assay

The FRAP was evaluated in the crude extracts of the plant samples using the method of Oyaizu (1986). A volume of 2.5 mL of the extract solution was mixed with 2.5 mL of 200 mmol/L sodium phosphate buffer (pH 6.6) and 2.5 mL of 1% potassium ferricyanide. The mixture already prepared was then incubated at 50°C for 20 min. After that, 2.5 mL of 10% trichloroacetic acid (w/v) was added, then, the mixture was spun in a centrifuge at 116.272 g for 8 min (HERMEL Z 9 200A centrifuge). Aliquot 5ml of the supernatant was mixed with 5ml of deionized water and 1 ml of 0.1% of ferric chloride. Lastly, the absorbance readings of the solutions were documented as reading from the spectrophotometer (Thermo Fisher Scientific, GeneSys, G105 UV-VIS, Madison, USA) at 700 nm. The solution with high absorbance value expresses higher reducing power. In this procedure, EC_{so} implies the concentration of extract in the solution which shows the absorbance of 0.5. It was extrapolated from the graph of absorbance at 700 nm against extract concentration in the solution. To compare extract reducing power, the standard was a methanolic solution of BHA.

The Total Antioxidant Activity

The total antioxidant activity of the extracts was performed according to Sharma *et al.*, (2016), 0.3ml of the extract was combined with 3ml reagent solution (0.6 M sulphuric acid, 28mm sodium phosphate and 4mM ammonium molybdate). The reaction mixture was capped and incubated at 95°C for 90 min. After cooling to room temperature; the absorbance was measured with the spectrophotometer (Thermo Fisher Scientific, GeneSys, G105 UV-VIS, Madison, USA) at 695nm against a blank (methanol 0.3ml). Ascorbic acid was taken as the standard.

Data analysis:

Statistical Package for Social Sciences (SPSS), version 20, was used for the data analysis. Results were expressed as the Mean \pm SD and tests of statistical significance were carried out using one-way analysis of variance (ANOVA). Statistical significance was defined as P < 0.05.

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Results

Table I shows the antimicrobial activities of the crude extract and the control against the test organisms (ATCC® 25923TM), Salmonella typhimurium (ATCC[®] 4028), Bacillus subtilis subsp. spizizenii (ATCC® 6633TM) and Escherichia coli (ATCC® 25922TM)). All extract but one were active against Salmonella typhimurium and performed better than the control antibiotic (Gentamicin). All extract had visible activity against Bacillus subtilis. Table I also reveals that the activity of combined crude extracts against the test organisms was either synergistic, additive or indifferent interaction and antagonistic in effect against the test bacteria. Table 2 shows results of minimum inhibition concentration assay for individual extract and combination of extracts that showed zones of inhibition during the antimicrobial sensitivity assay. The lowest MIC values recorded were against Bacillus subtilis and Salmonella typhimurium. The phytochemical constituent of all plant extract was examined gualitatively and they are as listed in Table 3. The crude extract generated by water and ethanol for the same plant had a varying phytochemical composition in all plant samples worked on. The antioxidant activities of the plant extracts were carried out using FRAP and Total antioxidant capacity assay. And the absorbance of the assays is as represented in figures 1 and 2. The result shows that all extract has antioxidant potentials although some have better activity than others.

Table 1. Zones of inhibition (mm) of extracts against different test organism	Table 1.	. Zones of inh	nibition (mm) of	extracts against	different test	organism
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Plant Extracts	Escherichia coli	Staphylococcus aureus	Bacillus subtilis	Salmonella typhimurium
Ĉ	15.5±0.71°	- 16.5±0.71°	18.5±0.71 ^a	10.0±0.0 ^b
1	0.0±0.0 [*]	10.5±0.71 ^b	· 13.5±0.71°	15.0±1.41°
2	0.0±0.0*	0.0±0.0*	11.5±0.71 ^b	0.0±0.0ª
3	15±1.41°	0.0 ± 0.0^{a}	12.5±2.12bc	14.0±0.0°
4	10.0±0.0 ^b	12.0±1.41 ^b	15.0±1.41 ^{cd}	15.5±2.12°
5	12.0±0.0 ^{bc}	$0.0{\pm}0.0^{a}$	10.5±0.71 ^b	13.0±1.41°
6	13.5±2.12°	10.0±0.0 ^b	13.5±0.71°	15.5±0.71°
1&2	0.0±0.0 ^a	0.0±0.0 ²	11.5±0.71 ^b	11±0 ^b
1&3	0.0±0.0*	10.5±0.71 ^b	10.0±0.0 ^b	16.5±0.71°d
1&4	10.0±0.0 ^b	11.0±0.0 ^b	12.5±0.71bc	18.0±0.0 ^d
1865	-11.0±0.0 ^b	11.5±0.71 ^b	10.5±0.71 ⁶	10.5±0.71 ^b
1&6	11.0±0.0 ^b	10.0±0.0 ^b	12.0±0.0 ^{bc}	12.0±1.41bc
2&3	11.5±0.71 ^b	0.0±0.0ª	0.0±0.0ª	15.5±0.71°
2&4	10.5±0.71°	10.5±0.71 ^b	13.5±0.71°	, 18.5±0.71d
2&5	0.0±0.0ª	0.0±0.0*	10.5±0.71 ⁶	0.0 ± 0.0^{a}
2&6	11.5±0.71°	0.0±0.0"	10.5±0.71 ^b	11.0±0.0 ^b
3&4	10.0±0.0 ^b	11.5±0.71 ^b	12.5±0.71 ^{bc}	18.0±0.0 ^d
3&5	10.0±0.0 ^b	10.0±0.0 ^b	10.5±0.71 ^b	15.5±0.71°
3&6	11.0±0.0 ^b	10.0±0.0 ⁶	10.5±0.71 ^b	15.0±0.0°
4&5	12.0±0.0 ^{bc}	11.0±0.0 ^b	13.0±0.0°	16.5±0.71 ^{cd}
4&6	11.0±0.0 ^b	10.0±0.0 ^b	12.5±0.71bc	15.5±0.71°
5&6	11.5±0.71 ^b	10.5±0.71 ⁶	10.5±0.71 ^b	11.5±0.71 ^b

Values are mean ± SD of replicates; abcd=values with different superscript for the same test organism (within the same column) are significantly different.

Extracts: C=Gentamicin control, 1= Azadirachta indica leaf ethanolic extract, 2= Carica papaya leaf ethanolic extract, 3= Azadirachta indica stem bark water extract, 4= Azadirachta indica stem bark ethanolic extract, 5= Carica papaya leaf water extract and6= Azadirachta indica leaf water extract.

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PLANT EXTRACTS	Escherichia coli	Staphylococcus aureus	Bacillus subtilis	Salmonella typhimurium
1	-	100 ^a	25°	50 ^b
2		-	100 ^a	-
3	100 ^a	-	50 ^b	12.5 ^d
4	100*	100*	12.5 ^d	25°
5	100 ^a	-	50 ^b	50 ^b
6	100 ^a	100*	100ª	100 ^a
1&2	-		100 ^a	25°
1&3	3 - 100 ^a		25° 50 ^b	
1&4	100 [#]	50 ^b	50 ^h	25 [°]
18:5	100*	100ª	100°	100 ^a
1&6	100°	100 ^a	100*	100 ^a
28:3	100ª	-	_	100 ^a
2&4	100ª	100 ²	50 ^b	25 ^c
2&5	-	-	100 ^a	
2&6	100 ^a	-	100 ^a	100 ^a
3&4	100 ^a	100*	50 ^b	25°
3&5	100*	100 ^a	100 ^a	50 ^b
3&6	100°	100ª	100 ^a	100 ^a
4&5	100 ^a	100 ^a	50 ^b	25°
4&6	100"	100 ^a	50 ^b	25 ^c
5&6	100*	100ª	50 ^b	100"

Table 2.Minimum inhibition concentration (MIC) (mg /ml) of crude extracts against test organisms

abcd=values with different superscript for the same test organism (within the same column) are significantly different.

Extracts 1= Azadirachta indica leaf ethanolic extract, 2= Carica papayaleaf ethanolic extract,3= Azadirachta indica stem bark water extract, 4= Azadirachta indica stem bark ethanolic extract, 5= Carica papaya leaf water extract and 6= Azadirachta indica leaf water extract, -= No activity

Table 3: Phytochemical screening of plant crude extracts

Parameter	Extracts						
	1	2	3	4	5	6	
Tannins	+		+	+	-	-	
Saponins	-	-	+	+	-		
Flavonoids	+	-		+	-		
Alkaloids	-			-		-	
Anthocyanin and Betacyanin	+	+	-	-	+	+	
Quinones	+	-	+	+	+	+	
Glycoside	**	-			-	-	
Cardiac glycosides	+		+	+			
Terpenoids	+	-	+	+	+	+	
Phenols	+	+	-	-	+	+	
Acids	-	-	-				
Triterpenoids		-	-	-		-	

Extracts 1= Azadirachta indica leaf ethanolic extract, 2= Carica papaya leaf ethanolic extract, 3= Azadirachta indica stem bark water extract, 4= Azadirachta indica stem bark ethanolic extract, 5= Carica papaya leaf water extract and6= Azadirachta indica leaf water extract, -= Absent, + = Present.

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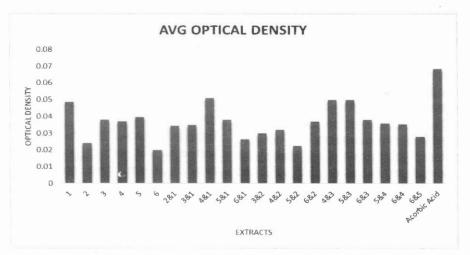


Figure I: Total Antioxidant capacity assay optical density result

Extracts 1= Azadirachta indica leaf ethanolic extract, 2= Carica papaya leaf ethanolic extract, 3= Azadirachta indica stem bark water extract, 4= Azadirachta indica stem bark ethanolic extract, 5= Carica ´ papaya leaf water extract and 6= Azadirachta indica leaf water extract

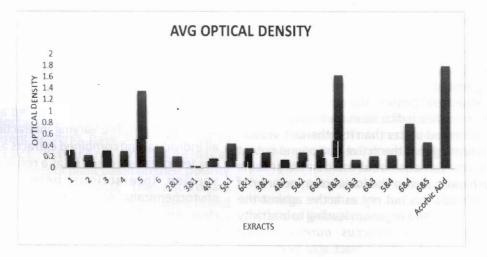


Figure 2: FRAP assay average optical density result

Extracts 1= Azadirachta indica leaf ethanolic extract, 2= Carica papaya leaf ethanolic extract, 3= Azadirachta indica stem bark water extract, 4= Azadirachta indica stem bark ethanolic extract, 5= Carica papaya leaf water extract and 6= Azadirachta indica leaf water extract.

Discussion

Plant extract has great therapeutic potentials against microorganisms and is without undesirable side effect common to synthetic chemotherapeutics. All extracts examined expressed antimicrobial and antioxidant properties. The individual extract and their combinations demonstrated either a synergistic, additive or indifferent interaction effect against the test bacteria while some also exhibited antagonistic effects in line with the report by Ncube et al. (2010). Azadirachta indica stem bark ethanolic extract and Azadirachta indica leaf water extract were effective against all four test organisms used for this work, Carica papaya leaf water extract and Azadirachta indica stem bark water extract were potent against all the test organisms except for Staphylococcus aureus while Azadirachta indica leaf ethanolic extract was potent against all except Escherichia coli but Carica papaya leafethanol extract was only potent against Bacillus subtilis. All extracts had clear zones of inhibition against Bacillus subtilis and the control (Gentamicin) antibiotic had the highest zone of inhibition against it. Despite reports that ethanolic extract is better than water extracts Azadirachta indica stem bark water extract performed better than its ethanolic version indicating that the active compound potent against Escherichia coli could be lower in the ethanolic due to the variation in polarity of both solvents but not as active against the Gram-positive organism leading to inactivity against Staphylococcus aureus. Carica papaya leaf water extract also performed better against Gram-negative test organisms while Carica papaya leaf ethanol extract didn't have zones of inhibition against the same organisms. Azadirachta indica leaf water extract performed better than Azadirachta indica leaf ethanolic extract against all test organisms and was potent against *Escherichia coli* against which Azadirachta indica leaf ethanolic extract had no activity. The combined extracts worked better against *Salmonella typhimurium* compared to the individual extract and the control antibiotic.

Despite the lack of activity of Carica papaya leaf ethanolic extract against Salmonella typhimurium, the combination of Azadirachta indica stem bark ethanolic extract and Carica papaya leaf ethanolic extract produced a higher zone of inhibition compared to Azadirachta indica stem bark ethanolic extract alone for the same organism confirming the synergistic potentials of some of the extracts when combined. Azadirachta indica leaf water extract and Carica papaya leaf water extract expressed antagonistic interaction against Salmonella typhimurium compared to the performance of the individual extracts resulting in the reduction of the zone of inhibition produced by the extract individually." The combination of Carica papaya leaf ethanol extract and Azadirachta indica leaf ethanolic extract had an indifferent interaction when tested against Escherichia coli. The varying interactions of all individual and combined extracts against the test organism could be as a result of the varying interactions between the phytochemicals . All the extracts expressed clear zones of inhibition against at least one of the bacterial isolates used in this research buttressing the fact that folk herbal drugs have great potential as antimicrobial agents. The highest individual extract inhibition zone was 15.5±2.12mm and for combined extract was 18.5±0.71mm against Salmonella typhimurium. In the analysis for

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the MIC of extracts that have activity against the test organism, most extracts and combinations became inactive against the test organisms at 100mg/ml agar dilution. Azadiracı,ta indica stem bark ethanolic extract and Azadirachta indica stem bark water extract were not effective against the test organisms' colony formation at 12.5mg/ml concentration. Most of the extracts had a better result against Salmonella typhimurium. All extracts had antioxidant activity and some of the phytochemicals present in the extracts include saponins, flavonoids, tannins, anthocyanin, betacyanin, guinones, cardiac glycoside, terpenoids, and phenols. The phytochemical analysis as reported in Table 3 showed that the phytochemicals results of Azadirachta indica leaf and stem bark extract is in line with earlier reports where water and ethanol extracts of the same plant material were extracted, the ethanol solvent have been reported to perform better than water in extraction . Hence, contrary to the observations in the Azadirachta indica plant extracts in this study, the phytochemical screening of Carica papaya leaf extract showed more phytochemical content in the water extract than in the ethanolic extract. this could be due to the polarity of the phytochemical component of the plant, different solvents have been reported to extract different phytochemical constituents of plant based on their polarity (Suleiman et al., 2010) The antioxidant potentials of the plant extracts were tested in comparison to ascorbic acid which is an established antioxidant and the result of the FRAP assay showed that all the extracts had antioxidant potentials with Azadirachta indica stem bark ethanolic extract and Azadirachta indica stem bark water extract having the highest activity and Azadirachta indica stem bark water extract and Azadirachta indica leaf ethanolic extract with the lowest activity. The total antioxidant activity assay also showed significant antioxidant potentials in comparison to ascorbic acid which is the positive control. Azadirachta indica leaf ethanol extract. Azadirachta indica stem bark ethanol extract and Azadirachta indica leaf ethanol extract. Azadirachta indica stem bark ethanol extract and Azadirachta indica stem bark water extract and Carica papava leaf water extract and Azadirachta indica stem bark water extract had the most prominent values in comparison to ascorbic acid while Azadirachta indica leaf water extract had the least

Conclusion

This study shows the synergistic therapeutic potentials of Carica papaya and Azadirachta indica leaves and stems bark ethanolic and aqueous extracts in vitro against some clinically important Gram-positive and Gram-negative strains of bacteria. The synergistic effect from some of the combined plant extract could be considered as sources of potential biotherapeutic agents that would be less toxic to patients and more potent against infectious diseases. Due to the observation from this work, it is recommended that further studies be done to identify and purify the active biomolecules responsible for the antimicrobial effects of these extracts which can be employed for orthodox therapies.

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