DEVELOPING YOUR MOST INDISPENSABLE ASSETS: ATTITUDE & VISION

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TOWN/GOWN LECTURE SERIES
LEARNING OBJECTIVE

At the end of this session, the participants will be able to:
+ Know the 2 valuable & indispensable assets: VISION & ATTITUDE in their life.
+ Understand how these 2 assets guide and tailor their future aspirations.
+ Know how to develop positive attitude their vision.
+ Know the career option in biological science.
+ Learn from my experience in achieving my goal.
VISION

What is VISION?

Vision is your Goal, a desired Result.

-Description of something in future

To achieve your vision, your attitude becomes your ladder.
However Don’t forget

**NO CAREER WITHOUT THE CARRIER**

**NO FUTURE WITHOUT JESUS CHRIST**
If you must become what you desire in life your attitude must be right from onset of your career.

WHAT IS ATTITUDE?
ATTITUDE

- a settled way of thinking or feeling about something.

- truculent or uncooperative behavior.

- a predisposition or tendency to respond positively or negative towards a certain idea, object, person or situation.
TYPES OF ATTITUDE

Positive Attitude- Person who will be possessing positive behavior
- Will explore good things in others and will not go after negativity.
- See opportunity in any challenges.
- ready to explore every situation for better and good

Negative Attitude- not inclined towards positive element.
- Likely to complain about change rather than adapter.
- They might blame their failure on others.
- Doubt the credibility of others.
- Feel others inferior hence suffering from self styled superiority complex.
There is a very thin line between personality trait and attitude.

- personality: more rigid & permanent
- attitude: Change with different situation and experience in life.
  - learned & acquired

Positive attitude is the most likely to have effect on one’s
Every attitude has 3 components
(ABC model of attitude)

A- Affective (emotional/feelings)
B- Behavioural (visual/reaction)
C- Cognitive (Belief/informational)
Out of the 3 components of attitude, only the behavioural component can be directly observed.
Without developing positive attitude, you can never fulfil your vision.

You must have a right attitude to get to right altitude in life.
The engine of success is Attitude

If you list A B C D and give them 1-26 in that order e.g. A-1, B-2, up to Z-26.

Check it and tell if Attitude is not 100.

Check HARD WORK, INTELLIGENCE and BRILLIANT

Which of them gives you 100 ???
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ANSWER

- ATTITUDE = 100
- BRILLIANT = 88
- INTELLIGENCE = 115
- HARD WORK = 98
HOW TO DEVELOP POSITIVE ATTITUDE

- Build yourself self esteem
- Stop being a victim
- Find an objective you want to achieve
- Find mentor / inspiration
- Stay away from Negative influence
- Stay focus on what you can
CARRIER OPTIONS IN BIOLOGICAL SCIENCE

- Career for the biological science typically breakdown into 5 groups and exist in private industries, health care, education, government agencies, research field etc.

- A general biological science degree can be sufficient for entry into many of the career options. However more specialized study is often required for career advancement
CAREER OPTIONS

- Molecular Biology.
- Biotechnology
- Environmental Science
- Human biology
- Academics
- Microbiology
- Research Scientist (Life Scientist)
- Research scientist (Medical)
MY PERSONAL LIFE EXPERIENCE

- Andro scientific: A consortium of Medical laboratory scientists with special interest in Andrology.

My vision
My attitude
My challenges
How do I overcome all the challenges?
Where are we NOW in Andro scientific
Take home message from my personal experience
THANKS FOR LISTENING
REFERENCES

1. How to make your vision a reality by Benard Haynes
2. Types of attitude by Zafar Bilal Nadeem