

DEVELOPING YOUR MOST INDISPENSABLE ASSETS : ATTITUDE & VISION

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TOWN/GOWN LECTURE SERIES

LEARNING OBJECTIVE

At the end of this session, the participants will be able to :

- + Know the 2 valuable & indispensable assets: VISION & ATTITUDE in their life.
- + Understand how these 2 assets guide and tailor their future aspirations.
- + Know how to develop positive attitude their vision.
- + Know the career option in biological science.
- + Learn from my experience in achieving my goal



VISION

What is VISION?

Vision is your Goal, a desired Result.

-Description of something in future

To achieve your vision, your attitude becomes your ladder .



- However Don't forget

NO CAREER WITHOUT
THE CARRIER

NO FUTURE WITHOUT JESUS CHRIST



- If you must become what you desire in life your attitude must be right from onset of your career.

WHAT IS ATTITUDE ?



ATTITUDE

- - a settled way of thinking or feeling about something.
- - truculent or uncooperative behavior.
- - a predisposition or tendency to respond positively or negative towards a certain idea, object, person or situation



TYPES OF ATTITUDE

Positive Attitude- Person who will be possessing positive behavior

- Will explore good things in others and will not go after negativity.
- See opportunity in any challenges.
- ready to explore every situation for better and good

Negative Attitude- not inclined towards positive element.

- Likely to complain about change rather than adapter.
- They might blame their failure on others.
- Doubt the credibility of others.
- Feel others inferior hence suffering from self styled superiority complex.



- **There is a very thin line between personality trait and attitude.**
- - personality : more rigid & permanent
- -attitude :
 - Change with different situation and experience in life.
 - learned & acquired
- Positive attitude is the most likely to have effect on one's



- Every attitude has 3 components
(ABC model of attitude)

A- Affective (emotional/feelings)

B- Behavioural (visual/ reaction)

C- Cognitive (Belief/ informational)



Out of the 3 components of attitude, only the behavioural component can be directly observed.



- Without developing positive attitude, you can never fulfil your vision.
- You must have a right attitude to get to right altitude in life.



- The engine of success is Attitude

If you list A B C D and give them 1-26 in that order e.g. A-1, B-2, up to Z-26.

Check it and tell if Attitude is not 100.

Check HARD WORK, INTELLIGENCE and BRILLIANT

Which of them gives you 100 ???



A=1

B=2

C=3

D=4

E=5

F=6

G=7

H=8

I=9

J=10

K=11

L=12

M=13

N=14

O=15

P=16

Q=17

R=18

S=19

T=20

U=21

V=22

W=23

X=24

Y=25

Z=26



ANSWER

- ATTITUDE = 100
- BRILLIANT= 88
- INTELLIGENCE = 115
- HARD WORK = 98



HOW TO DEVELOP POSITIVE ATTITUDE

- Build yourself self esteem
- Stop being a victim
- Find an objective you want to achieve
- Find mentor / inspiration
- Stay away from Negative influence
- Stay focus on what you can



CARRER OPTIONS IN BIOLOGICAL SCIENCE

- Career for the biological science typically breakdown into 5 groups and exist in private industries, health care, education, government agencies , research field etc.
- A general biological science degree can be sufficient for entry into many of the career options. However more specialized study is often required for career advancement



CAREER OPTIONS

- Molecular Biology.
- Biotechnology
- Environmental Science
- Human biology
- Academics
- Microbiology
- Research Scientist (Life Scientist)
- Research scientist (Medical)



MY PERSONAL LIFE EXPERIENCE

- Andro scientific : A consortium of Medical laboratory scientists with special interest in Andrology.

My vision

My attitude

My challenges

How do I overcome all the challenges?

Where are we NOW in Andro scientific

Take home message from my personal experience



ANDRO SCIENTIFIC IN PIX



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THANKS FOR LISTENING



REFERENCES

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