

# A STUDY OF NATURAL RADIOACTIVITY IN SOME BUILDING MATERIALS IN NIGERIA

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**Building materials of different brands were assessed for the concentrations of  $^{226}\text{Ra}$ ,  $^{232}\text{Th}$  and  $^{40}\text{K}$  using HPGe detector. The activity concentrations in the measured samples ranged from  $27 \pm 8$  to  $82 \pm 8 \text{ Bq kg}^{-1}$  for  $^{226}\text{Ra}$ ,  $41 \pm 4$  to  $101 \pm 8 \text{ Bq kg}^{-1}$  for  $^{232}\text{Th}$  and  $140 \pm 8$  to  $940 \pm 19 \text{ Bq kg}^{-1}$  for  $^{40}\text{K}$ , respectively. The Radium equivalent ( $\text{Ra}_{\text{eq}}$ ) activity from the samples was found to be  $<370 \text{ Bq kg}^{-1}$  as the recommended value for construction materials. This study will set a baseline data for significant standards on radiation exposure of the measured radionuclides in the selected building materials used in Nigeria**

## INTRODUCTION

It is really of importance to understand better the risk accompanied with the exposure of a population to the radiations emitted from building materials<sup>(1)</sup>. This exposure occurs on a daily basis and the ability of some radionuclides to move rapidly in air allows them to be easily transported into or within the environment in which humans come in contact with<sup>(2)</sup>. There are two major aspects of radionuclides that should be considered when describing the release of radiation being exposed to by the populace, which are cosmic and terrestrial radiation<sup>(3)</sup>. The terrestrial's radiation is associated with the naturally occurring radioactive materials (NORM) which are  $^{238}\text{U}$ ,  $^{232}\text{Th}$  and  $^{40}\text{K}$ <sup>(4)</sup>. These radioactive elements present themselves as the major contributors to radiation in the environment having several effects on the general public<sup>(5)</sup>. The indoor radiation exposure experienced by 80% of populace is due to these radioactive elements in the building materials as well as the ground where the construction is to be carried out<sup>(6, 7)</sup>. Therefore, the aim of this present study is to establish baseline data for radiation exposure from the measured natural series radionuclides, to assess the radiological health risks, and to promote the setting standards for future references

## MATERIALS AND METHODS

### Sample collection and preparation for gamma analysis

Different construction material samples for this study were purchased from the Nigerian commercial

markets and the river sand was scooped from a nearby river in Ota, Ogun state, Nigeria. Initial labeling and cataloging was done for easy identification. The ceramic tiles and the marbles were broken into smaller pieces so as to allow further processing. All the samples were crushed using the Pascall Engineering Lab milling machine to pulverizable size. After each tile sample was crushed, the crusher or lab milling machine was thoroughly cleaned with high pressure blower (Wolf from Kango Wolf power tools, made in London, type 8793 and serial no: 978 A) before the next sample was crushed. This whole process was repeated until all the samples were completely crushed into powder. The pulverizer used is the disk 'grinder/pulverizer' by Christy & Norris Limited. After each pulverizing process, the machine was cleaned properly and blown with high pressure blower to avoid cross contamination of the samples. A very fine power was achieved from the pulverized samples, but for homogeneity, a 250  $\mu\text{m}$  sieve size was used and 1 kg of the sieved sample was weighed out. It was then placed in polythene nylon and labeled accordingly. High-density polyethylene bottles (HDPB) were used to package the samples for radioactivity study. The bottles were washed with water and detergent and then rinsed six times with ordinary borehole water before making a final rinse with distilled water. The sieved samples of ceramic tiles, cement, river channel sand (sharp and plaster) and white cements (2 Nigerian made and 1 from UAE) that were contained in each bottle weighed 200 g; there was a total of 25 samples in all.

### Gamma spectrometric analysis of the selected samples

The construction materials were prepared according to IAEA TRS-295<sup>(8)</sup>. The samples were put in a Marinelli beaker and sealed for 4 weeks to allow the radium-226 progeny to reach secular equilibrium. Analysis of the samples was conducted in Canada (Activation Analysis Laboratory System) using High-Resolution Germanium detector, Canberra Lynx™ Digital Signal Analyzer (DSA), a 32 K channel integrated signal analyzer and a top-opening lead shield (4' lead, copper/tin liner) to prevent high background counts with 50% relative efficiency and resolution of 2.1 keV at 1.33 MeV gamma energy of <sup>60</sup>Co. The Genie-2K V3.2 software locates and analyzes the peaks, subtracts background, identifies the nuclides. The efficiency curves for this analysis were corrected for the attenuation and self-absorption effects of the emitted gamma photons. CAMET and IAEA standards (DL-1a, UTS-2, UTS-4, IAEA-372 and IAEA-447) were used for checking the efficiency calibration of the system. For the activity measurements, the samples were counted for 86 400 s with the background counts subtracted from the net count. The minimum detectable activity of the detector was determined with a confidence level of 95%<sup>(8)</sup>. The measurement uncertainties were taken into account in association with the overall uncertainties of the gamma counting system which included emission probability and calibration efficiency of the system. The progeny of radium, <sup>214</sup>Bi and <sup>214</sup>Pb emits gamma line 609, 934, 2204, 1764 and 351 keV, 295 keV were used but the resolution of radium was from the emission of 1764 keV since it has low self-attenuation effect at high energy. Since <sup>232</sup>Th cannot be directly detected, its activity concentration can be estimated via its progeny <sup>208</sup>Tl and <sup>228</sup>Ac using 2614.53 keV, (35.63%) 583 keV (30.3%) and 911 keV, 338 keV, 463 keV. The gamma line of 1461 keV (10.7%) was used to resolve <sup>40</sup>K. The activity concentrations were calculated according to the methods of Refs.<sup>(9, 10)</sup>.

## RESULTS AND DISCUSSION

### Activity concentrations of <sup>226</sup>Ra, <sup>232</sup>Th and <sup>40</sup>K measured in building material samples

Table 1 presents the activity concentrations of <sup>226</sup>Ra, <sup>232</sup>Th and <sup>40</sup>K measured in the selected samples of different brands of building materials. It can be observed that the activity concentrations of <sup>226</sup>Ra from the measured samples varied between  $27 \pm 8$  and  $82 \pm 8$  Bq kg<sup>-1</sup> with a mean value of  $52 \pm 6$  Bq kg<sup>-1</sup> for all the samples. The highest activity value of  $83 \pm 8$  Bq kg<sup>-1</sup> noted in  $450 \times 450$  mm<sup>2</sup> virony ceramic tile, whereas the lowest value of  $26 \pm 8$  Bq kg<sup>-1</sup> was found in Dangote Cement (Nigeria). The level of <sup>232</sup>Th activity concentrations varies from

sample to sample with the highest value of  $101 \pm 8$  Bq kg<sup>-1</sup> found in JK White Cement (UAE) and the lowest value of  $41 \pm 4$  Bq kg<sup>-1</sup> was noted in Golden Crown. The <sup>232</sup>Th activity concentrations for all the samples ranges from  $41 \pm 4$  to  $101 \pm 8$  Bq kg<sup>-1</sup> with a mean value of  $73 \pm 6$  Bq kg<sup>-1</sup>. The activity concentrations of <sup>40</sup>K presented in Table 1 for all the samples ranges from  $140 \pm 8$  to  $940 \pm 19$  Bq kg<sup>-1</sup> with a mean value of  $217 \pm 13$  Bq kg<sup>-1</sup>. The highest value of  $940 \pm 19$  Bq kg<sup>-1</sup> was found in PNT ceramic tile, whereas the lowest <sup>40</sup>K activity value of  $140 \pm 8$  Bq kg<sup>-1</sup> was reported in Joy White Cement (Nigeria).

### Comparison of activity concentrations of <sup>226</sup>Ra, <sup>232</sup>Th and <sup>40</sup>K in the present building material samples and other international organization and countries

In this present study, the activity concentrations measured in the building materials were compared with the international reference value. It can be observed that the mean concentrations of  $52 \pm 6$ ,  $73 \pm 6$  and  $217 \pm 13$  Bq kg<sup>-1</sup> for <sup>226</sup>Ra, <sup>232</sup>Th and <sup>40</sup>K from this present study for tile and marble ceramics are in good agreement with the previous study by Ademola<sup>(3)</sup> for <sup>226</sup>Ra, <sup>232</sup>Th and <sup>40</sup>K with values ranging between  $52 \pm 2$  to  $131 \pm 4$  Bq kg<sup>-1</sup>,  $59 \pm 1$  to  $127 \pm 2$  Bq kg<sup>-1</sup> and  $491 \pm 12$  to  $979 \pm 16$  Bq kg<sup>-1</sup> respectively. On the other hand, comparing the highest activity concentrations of cement obtained in this study for <sup>226</sup>Ra, <sup>232</sup>Th and <sup>40</sup>K with values  $66 \pm 8$  Bq kg<sup>-1</sup> (IBETO Cement (Nigeria)),  $101 \pm 8$  Bq kg<sup>-1</sup> (JK White Cement (UAE)) and  $850 \pm 15.4$  Bq kg<sup>-1</sup> (JK White Cement (UAE)) with other values of 41.3–218.9, 18.8–60.1 and 160.9–248.1 Bq kg<sup>-1</sup> (India)<sup>(11)</sup>,  $37 \pm 3$ ,  $28 \pm 3$  and  $200 \pm 14$  Bq kg<sup>-1</sup> (Pakistan)<sup>(13)</sup>,  $54 \pm 13$ ,  $65 \pm 10$  and  $440 \pm 91$  Bq kg<sup>-1</sup> (India)<sup>(14)</sup>  $55.6 \pm 0.75$ – $86.71 \pm 1.64$ ,  $7.19 \pm 0.10$  and  $348.17 \pm 10.00$ – $265.75 \pm 6.40$  Bq kg<sup>-1</sup> (Turkey)<sup>(15)</sup>,  $68.3 \pm 3.6$ ,  $51.7 \pm 5.4$  and  $173.8 \pm 8.6$  Bq kg<sup>-1</sup> (China)<sup>(16)</sup>,  $134 \pm 67$ ,  $88 \pm 35$  and  $416 \pm 162$  Bq kg<sup>-1</sup> (Egypt)<sup>(17)</sup>,  $20 \pm 5$ ,  $13 \pm 3$  and  $247 \pm 68$  Bq kg<sup>-1</sup> (Greece)<sup>(18)</sup>,  $23.4 \pm 0.6$ ,  $12.2 \pm 0.2$  and  $158.8 \pm 4.3$  Bq kg<sup>-1</sup> (Qatar)<sup>(19)</sup>, respectively. The results of this work are in good agreement with the results of a previous study of building materials conducted in Nigeria<sup>(3)</sup>. Even the specific activities for cement are in line with results published elsewhere<sup>(11–19)</sup>. In contrast, the analyzed samples of sand in this study show a distinctly higher specific radioactivity than in other studies<sup>(19–23)</sup>, except for <sup>40</sup>K that reported two values which are higher by factors of 1.18 (China) and 1.50 (South Korea), respectively.

### Determination of radium equivalent activity (Ra<sub>eq</sub>)

The level of radionuclides from <sup>226</sup>Ra, <sup>232</sup>Th and <sup>40</sup>K in the analyzed building materials is non-uniformly distributed. The Ra<sub>eq</sub> activity of the measured radionuclides is used to compare the activity

**Table 1.** The mean values and standard deviation of the activity concentrations of  $^{226}\text{Ra}$ ,  $^{232}\text{Th}$  and  $^{40}\text{K}$  ( $\text{Bq kg}^{-1}$ ) for different types of building materials.

| Sample ID                                  | Sample origin | $^{226}\text{Ra}$ ( $\text{Bq kg}^{-1}$ ) | $^{232}\text{Th}$ ( $\text{Bq kg}^{-1}$ ) | $^{40}\text{K}$ ( $\text{Bq kg}^{-1}$ ) |
|--|---------------|---|---|---|
| <b>Marbles</b>                             |               |   |   |   |
| Marble (India)                             | India         | $61 \pm 4$                                | $60 \pm 5$                                | $330 \pm 11$                            |
| Rose Marble (India)                        | India         | $56 \pm 5$                                | $96 \pm 7$                                | $140 \pm 15$                            |
| <b>Ceramics and Tiles</b>                  |               |   |   |   |
| Royal Ceramics                             | Nigeria       | $58 \pm 5$                                | $76 \pm 6$                                | $630 \pm 21$                            |
| Goodwill Ceramics                          | Nigeria       | $54 \pm 6$                                | $57 \pm 8$                                | $240 \pm 10$                            |
| Royal Ceramics                             | Nigeria       | $41 \pm 7$                                | $68 \pm 7$                                | $380 \pm 12$                            |
| NISPRO                                     | Nigeria       | $61 \pm 3$                                | $79 \pm 4$                                | $860 \pm 16$                            |
| Virony Glazed                              | China         | $30 \pm 4$                                | $77 \pm 3$                                | $290 \pm 9$                             |
| Time Ceramics                              | Nigeria       | $27 \pm 8$                                | $96 \pm 8$                                | $510 \pm 14$                            |
| Goodwill Vitrified                         | Nigeria       | $71 \pm 3$                                | $81 \pm 6$                                | $540 \pm 14$                            |
| PNT Vitrified Tiles                        | Nigeria       | $53 \pm 4$                                | $68 \pm 6$                                | $420 \pm 12$                            |
| PNT Ceramics                               | Nigeria       | $36 \pm 7$                                | $68 \pm 5$                                | $370 \pm 11$                            |
| IDDRIS Floor Tiles (China)                 | China         | $65 \pm 11$                               | $90 \pm 4$                                | $740 \pm 14$                            |
| Royal Ceramics                             | Nigeria       | $60 \pm 2$                                | $54 \pm 3$                                | $240 \pm 10$                            |
| Golden Crown                               | Nigeria       | $27 \pm 10$                               | $41 \pm 4$                                | $390 \pm 12$                            |
| Pumise                                     | India         | $52 \pm 4$                                | $51 \pm 3$                                | $820 \pm 15$                            |
| Virony Ceramics                            | China         | $82 \pm 8$                                | $42 \pm 8$                                | $570 \pm 13$                            |
| PNT Ceramic Tile                           | Nigeria       | $56 \pm 8$                                | $96 \pm 9$                                | $940 \pm 19$                            |
| <b>Cements</b>                             |               |   |   |   |
| Elephant Portland Cement (Nigeria)         | Nigeria       | $65 \pm 9$                                | $73 \pm 4$                                | $170 \pm 8$                             |
| Perfect Superfix White Cement              | Nigeria       | $38 \pm 3$                                | $51 \pm 10$                               | $360 \pm 11$                            |
| JK White Cement (UAE)                      | UAE           | $28 \pm 2$                                | $101 \pm 8$                               | $850 \pm 15$                            |
| Joy White Cement (Nigeria)                 | Nigeria       | $54 \pm 8$                                | $92 \pm 10$                               | $140 \pm 8$                             |
| IBETO Cement (Nigeria)                     | Nigeria       | $66 \pm 8$                                | $71 \pm 6$                                | $380 \pm 10$                            |
| Dangote Cement (Nigeria)                   | Nigeria       | $26 \pm 8$                                | $68 \pm 6$                                | $430 \pm 13$                            |
| <b>Sand</b>                                |               |   |   |   |
| Sharp Sand Igboloye village, Ota (Nigeria) | Nigeria       | $77 \pm 3$                                | $87 \pm 9$                                | $670 \pm 14$                            |
| Mean value (s)                             |               | $52 \pm 6$                                | $73 \pm 6$                                | $217 \pm 13$                            |

of each of  $^{226}\text{Ra}$ ,  $^{232}\text{Th}$  and  $^{40}\text{K}$  contents in the building materials.  $\text{Ra}_{\text{eq}}$  with unit as  $\text{BqKg}^{-1}$  was calculated using the following equation<sup>(23-27)</sup>:

$$\text{Ra}_{\text{eq}} = C_{\text{Ra}} + 1.43C_{\text{Th}} + 0.077C_{\text{K}} \quad (1)$$

where,  $C_{\text{Ra}}$ ,  $C_{\text{Th}}$  and  $C_{\text{K}}$  are the specific activities of  $^{226}\text{Ra}$ ,  $^{232}\text{Th}$  and  $^{40}\text{K}$  measured in  $\text{Bq kg}^{-1}$ , respectively. This radium equivalent activity defines the weighted sum of the individual activities of  $^{226}\text{Ra}$ ,  $^{232}\text{Th}$  and  $^{40}\text{K}$ , respectively. The same external and internal gamma dose rate is produced from the radium equivalent activity. The maximum value of  $\text{Ra}_{\text{eq}}$  in building materials must be  $<370 \text{ Bq kg}^{-1}$  as recommended by Refs.<sup>(28, 29)</sup>. This amount is equivalent to  $1.5 \text{ nGyh}^{-1}$ <sup>(30, 31)</sup>. The radium equivalent activity values obtained from the present study varies from 116 to  $274 \text{ Bq kg}^{-1}$ . The highest value was measured in Perfect Superfix White Cement (Nigeria) and the lowest value in Royal Ceramics tile. It can be observed that none of the  $\text{Ra}_{\text{eq}}$  values in all the measured samples exceeds the recommended limit of  $370 \text{ Bq kg}^{-1}$ <sup>(29)</sup>.

## CONCLUSION

In this present study, the activity concentrations of naturally occurring radionuclides in building materials were measured. The calculated radium equivalent was found to be lower than the recommended value of  $370 \text{ Bq kg}^{-1}$ . The mean values of the radiological parameter obtained in this present study are less than the unity, and lie within the acceptable level; thus, it can be assumed that the analyzed materials do not present radiological hazards. Currently, there is no established standard or guideline prescribing the acceptable levels of radioactivity in decorative or other construction materials in Nigeria. Significantly, there is need to introduce in both international and national levels environmentally safe reasonably standard regulations which are based on justified radiological and economical concepts.

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