

# Medical apps for reproductive health practices: Uses and implications for supporting sustainable development in Nigeria.

- **Source:** African Population Studies . 2018 Supplement, Vol. 32, p4080-4087. 8p.
- **Author(s):** Okorie, Nelson; Amodu, Lanre; Oyedepo, Tunji; Usaini, Suleimanu; Kayode-Adedeji, Tolulope
- **Abstract:** Background:Empirical investigations on the adoption of selfcare medical apps for reproductive health services among women are not popular in literature and rarely dicussed openly. Objective:This study evaluated the uses of medical apps for reproductive health practices among women in Nigeria. Method:Quantitative questionnaire approach was adopted among randomly selected 340 urban literate women in prime reproductive age (15-35 years) in Ota Community. Results:The study identified three predominant disproportionately used of selfcare healthapps: My Fitness Pal (23.7%), Flo (22.2%) and my Calendar (17.8%). Common selfcare practices are pregnancy test, weight management, but infection test was low (6.5%). Conclusion:The study concludes that the use of selfcare medical apps that could aid early discovery of health challenges are not common in the study location. The authors recommended the use and training on these apps as crucial part of women's reproductive healthcare services to achieve healthy lives and reduction in maternal and infant morbidities.
- *Copyright of African Population Studies is the property of Union for African Population Studies and its content may not be copied or emailed to multiple sites or posted to a listserv without the copyright holder's express written permission. However, users may print, download, or email articles for individual use. This abstract may be abridged. No warranty is given about the accuracy of the copy. Users should refer to the original published version of the material for the full abstract.*

For access to this entire article and additional high quality information, please check with your college/university library, local public library, or affiliated institution.

**Important User Information:** Remote access to EBSCO's databases is permitted to patrons of subscribing institutions accessing from remote locations for personal, non-commercial use. However, remote access to EBSCO's databases from non-subscribing institutions is not allowed if the purpose of the use is for commercial gain through cost reduction or avoidance for a non-subscribing institution.

[Privacy Policy Terms of Use Copyright](#)

© 2019 EBSCO Industries, Inc. All rights reserved.