

LAGOS FITNESS CENTRE, IKEJA, LAGOS STATE, NIGERIA

UNIVERSAL DESIGN APPROACH TO PLANNING

BY

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DECLARATION

I Johnson Ometaghogho, of the department of Architecture, Covenant University, Ota, Ogun state, hereby declare that the information provided in this thesis is the result of honest academic research work done by me.

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Signature & date

CERTIFICATION

This is to certify that this thesis was carried out by JOHNSON OMETAGHOGHO.J, was supervised by me, has met the required standard for the award of a the degree of Master of Science [M.Sc] in Architecture and has been presented to the Department of Architecture of the College of Science and Technology, Covenant University, Ota.

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DEDICATION

I dedicate this design thesis to the glory of God and the service of humanity.

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TABLE OF CONTENTS

DECLARATION

DECLARATION.....	i
CERTIFICATION.....	ii
DEDICATION.....	iii
ACKNOWLEDGEMENT.....	iv
TABLE OF CONTENTS	1
ABSTRACT.....	1
CHAPTER 1.....	2
INTRODUCTION.....	2
1.1 BACKGROUND TO THE STUDY.....	2
1.2 PROBLEM STATEMENT; RESEARCH QUESTIONS	3
1.3 AIM AND OBJECTIVES	4
1.4 RATIONALE AND JUSTIFICATIONFOR THE STUDY	5
1.5 POPULATION AND CULTURE.....	5
1.6 SCOPE OF STUDY	6
1.7 LOCATION.....	6
1.8 METHODOLOGY.....	6
CHAPTER 2.....	8
LITERATURE REVIEW	8
2.1 Definition and descriptions of a fitness centre	8

2.2 Brief history of fitness and fitness centres	11
2.3 Role of fitness centres in the society	16
CHAPTER 3	24
CONCEPT AND PRACTICE OF UNIVERSAL DESIGN	24
3.1 Concept of Inclusive Design	25
3.2 Concept of Universal Design	25
3.3 Diverse Abilities Considered in Universal Design	26
3.4 History of Inclusive Design	27
3.5 History of Universal Design	27
3.6 Principles of Inclusive Design	30
3.7 Principles of Universal design	31
3.8 Benefits of Inclusive Design	33
3.9 Benefits of Universal Design	33
3.10 Universal Design Strategies in Buildings	34
3.11 Universal Design Strategies in Fitness centres	37
3.12 Some Universal Design Features and Practices	38
3.13 Guidelines for creating accessible spaces in fitness centres	40
3.14 The summary of this chapter	54
CHAPTER 4	55
CASE STUDIES	55
4.1 CASE STUDY 1: MEDITERRANEAN HOTEL AND RECREATIONAL CENTRE, ASOKORO, ABUJA	55

4.1.1 LOCATION	55
4.2 CASE STUDY 2: IKOYI SPORTS CLUB, IKOYI, LAGOS	57
4.3 CASE STUDY 3: EVOLVE 360	60
CHAPTER 5	63
SITE AND ENVIRONMENTAL ANALYSIS	63
5.1 Background of ikeja	63
5.2 The Criteria for Choosing a Site	64
5.3 THE CHOICE OF SITE	65
5.4 SITE ANALYSIS	67
CHAPTER 6	72
DESIGN CRITERIA	72
6.1 DESIGN BRIEF	72
6.2 DESIGN ELEMENTS	73
6.3 DESIGN CONSIDERATIONS	73
6.4 FUNCTIONAL AND SPACE CRITERIA	74
6.5 FUNCTIONAL AND SPACE ANALYSIS	75
6.6 TECHNICAL AND ENVIRONMENTAL CRITERIA	78
6.7 SPECIAL CONSIDERATIONS	79
CHAPTER 7	81
DESIGN APPROACH	81
7.1 DESIGN PHILOSOPHY	81

7.2 PLANNING CONCEPT	81
7.3 BUILDING FORM DEVELOPMENT	83
REFERENCES.....	84

ABSTRACT

The need to be physically fit is a growing concern for all humans as it helps prolong life and prevent unfavourable health conditions. As awareness is growing concerning fitness the Lagos state government has decided to erect the first purpose built fitness centre in the state. This project is aimed at designing a befitting fitness centre for Lagos State with the view of addressing universal design. Findings from the research showed that most fitness centres in Nigeria are not universally designed or purpose built. This study has developed an architectural design of a fitness centre that conforms to the principles and practice of universal design and adopts other needs of the 21st century fitness centre. To achieve this, the methodologies to be adopted include case studies and study of related literature.