ONLINE HEALTH SERVICE KNOWLEDGE AND MEN'S REPRODUCTIVE HEALTH IN LAGOS AND OGUN STATES, NIGERIA

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A THESIS SUBMITTED TO THE SCHOOL OF POSTGRADUATE STUDIES IN PARTIAL FULFILMENT OF THE REQUIREMENTS FOR THE AWARD OF DOCTOR OF PHILOSOPHY (Ph.D) DEGREE IN DEMOGRAPHY AND SOCIAL STATISTICS, DEPARTMENT OF ECONOMICS AND DEVELOPMENT STUDIES, COLLEGE OF MANAGEMENT AND SOCIAL SCIENCES, COVENANT UNIVERSITY, OTA, NIGERIA

NOVEMBER, 2021

ACCEPTANCE

This is to attest that this thesis is accepted in partial fulfilment of the requirements for the award of the degree of Doctor of Philosophy in Demography and Social Statistics, Department of Economics and Development Studies, College of Management and Social Sciences, Covenant University, Ota.

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DECLARATION

I, OSADOLOR, UYI EBOIGBODIN with (10AE010441), declare that this research was carried out by me under the supervision of Dr. Emmanuel O. Amoo and Dr. Dominic E. Azuh of Demography and Social Statistics Programme, Department of Economics and Development Studies, College of Management and Social Sciences, Covenant University, Ota. I attest that the thesis has not been presented either wholly or partially for the award of any degree elsewhere. All sources of data and scholarly information used in this thesis are duly acknowledged.

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CERTIFICATION

We certify that the thesis titled "Online Health Service Knowledge and Men's Reproductive Health in Lagos and Ogun States, Nigeria is an original work carried out by OSADOLOR, UYI EBOIGBODIN (10AE010441), in Demography and Social Statistics Programme, Department of Economics and Development Studies, College of Management and Social Sciences, Covenant University, Ota, Ogun State, Nigeria, under the supervision of Dr. Emmanuel O. Amoo and Dr. Dominic E. Azuh. We have examined and found the work acceptable for the award of a degree of Doctor of Philosophy in Demography and Social Statistics.

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DEDICATION

I dedicate this thesis with love to the almighty God, the maker of the heavens and earth who has given me the grace to complete this project in record time.

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TABLE OF CONTENTS

COVER PAGE	i
TITLE PAGE	ii
ACCEPTANCE	iii
DECLARATION	iv
CERTIFICATION	v
DEDICATION	vi
ACKNOWLEDGEMENTS	vii
TABLE OF CONTENTS	ix
LIST OF TABLES	xv
LIST OF ABBREVATIONS	xvii
LIST OF FIGURES	xviii
ABSTRACT	xix
CHAPTER ONE	1
INTRODUCTION	1
1.1 Background to the Study	1
1.2 Statement of the Research Problem	4
1.3 Research Questions	6
1.4 Objectives of the Study	7
1.5 Research Hypotheses	7
1.6 Significance of the Study	7
1.7 Scope of the Study	9
1.8 Structure of the Study	10
1.9 Operational Definition of Terms	10

CHAP	TER TWO	13
LITER	RATURE REVIEW	13
2.1 Pre	amble	13
2.2 Co	nceptual Review	13
	2.2.1 The Concept of Knowledge Translation	13
	2.2.2 Concept of Male Reproductive Health, Male Reproductive Health Challenges and Online Health Service Knowledge	14
	2.2.3 The Concept of Reproductive and Sexual Health	22
	2.2.4 Men, Technology and Reproductive Health: The Intersection	23
	2.2.5 International Conference on Population and Development (ICPD) 1994 and Men's Reproductive Health	28
	2.2.6 Historical Importance of the ICPD and its Broad Agenda	28
	2.2.7 Interdependence of Population and Development with Expansion of Reproductive Health View (Conceptual and Action)	29
	2.2.8 Criticism of the ICPD Consensus Agreement on Reproductive Health	29
	2.2.9 Inclusion of Men's Reproductive Health in Reproductive Health Analysis	30
2.3 The	eoretical Review	31
	2.3.1 Health Belief Model	31
	2.3.2 The Net Valence Model	33
	2.3.3 The Theory of Reasoned Action (TRA)	34
2.4 Em	pirical Review	36
	2.4.1 New Digital Technology (The Internet) and Distribution of Online Users and Health seekers	36
	2.4.2 Profile of Users of Online Health Information	45
	2.4.3 Sources of Online Health Information	46
	2.4.4 Effects of Internet Use on Health Behaviours	47
	2.4.5 Overview of the Prevalence and Trends in Male Reproductive Health Challenges	49

	2.4.6 Erectile Dysfunction	49
	2.4.7 Prostate Cancer	54
	2.4.8 Premature Ejaculation	59
	2.4.9 Male Infertility	60
	2.4.10 Sexually Transmitted Infections (STIs)	64
	2.4.11 Testicular Germ Cell Tumours (TGCT)	69
	2.4.12 Cryptorchidism	69
	2.4.13 Hypospadias	69
2.5 Su	mmary of Literature Review	70
2.6 Ga	aps in Literature	76
CHAI	PTER THREE	78
MET]	HODOLOGY	78
3.1 Pr	eamble	78
	3.1.1 Conceptual Framework	78
3.2 St	udy Area	80
3.3 Re	esearch Design	82
	3.3.1 Quantitative Research Approach	82
	3.3.2 Why In-depth interview and Focus group discussion were not employed	83
3.4 Po	epulation of the Study	83
3.5 Sa	mple Size Determination	84
3.6 S a	mpling Techniques	85
3.7 So	ources of Data and Measurements of Variables	85
	3.7.1 Measurements of Variables	86
3.8 Re	esearch Instruments	86
3.9 Va	alidity of the Research Instrument	86

3.10 Reliability of the Research Instrument	87
3.11 Methods of Data Analysis	87
3.12 Model Specification	90
3.13 Ethical Consideration	97
CHAPTER FOUR	98
RESULTS AND DISCUSSION	98
4.1 Preamble	98
4.2 Data Presentation and Analysis	98
4.2.1 Non-response	98
4.2.2 Demographic Profile of the Respondents	98
4.2.3 Socio-economic Profile of the Respondents	102
4.2.4 Respondents Internet Access and Use for Health-Related Issues	106
4.2.5 Respondents Use of Selected Online Health Platforms	109
4.2.6 Respondents Behavioural Change in Sexual Health	109
4.2.7 Respondents Behavioural Change in Reproductive Health	110
4.2.8 Male Reproductive Health Challenges	111
4.2.9 Awareness of Male Reproductive Challenges	112
4.2.10 Prevalence of Identified Male Reproductive Health Challenges	114
4.2.11 Perception about Possible Effect and Symptoms of Men's Reproductive Diseases	116
4.2.12 Perception about the Causes of Male Reproductive Health Challenges	117
4.2.13 Men's Socio-economic Status and the Use of Online Health Platforms	118
4.2.14 Internet Utilisation for Reproductive Health Concern and Educational Attainment	118
4.2.15 Internet Utilisation for Reproductive Health Concern and Occupational Distribution	119

4.2.16 Internet Utilisation for Reproductive Health Concern and Accommodation Type	120
4.2.17 Internet Utilisation for Reproductive Health Concern and Number of People Living per Household	e 121
4.2.18 Internet Utilisation for Reproductive Health Concern and Means of Transportation	122
4.2.19 Internet Utilisation for Reproductive Health Concern and Toilet Facility	123
4.2.20 Internet Utilisation for Reproductive Health Concern and Income Distribution	ion 124
4.2.21 Internet Utilisation for Sexual Health Concern and Educational Attainment	125
4.2.22 Internet Utilisation for Sexual Health Concern and Occupational Distribution	on 126
4.2.23 Internet Utilisation for Sexual Health Concern and Accommodation Type	127
4.2.24 Internet Utilisation for Sexual Health Concern and Number of Persons per Household	128
4.2.25 Internet Utilisation for Sexual Health Concern and Means of Transportation	n 129
4.2.26 Internet Utilisation for Sexual Health Concern and Toilet Facility	130
4.2.27 Internet Utilisation for Sexual Health Concern and Income Distribution	131
4.2.28 Internet Utilisation for both Sexual and Reproductive Health Concerns and Educational Attainment	132
4.2.29 Internet Utilisation for both Sexual and Reproductive Health Concerns and Occupational Status	133
4.2.30 Internet Utilisation for both Sexual and Reproductive Health Concerns and Accommodation Type	134
4.2.31 Internet Utilisation for both Sexual and Reproductive Health Concerns and Number of Persons per Household	135
4.2.32 Internet Utilisation for both Sexual and Reproductive Health Concerns and Means of Transportation	136
4.2.33 Internet Utilisation for both Sexual and Reproductive Health Concerns and Toilet Facility	137

4.2.34 Internet Utilisation for both Sexual and Reproductive Health Concerns and Income Distribution	138
4.3 MULTIVARIATE RESULTS	140
4.3.1 Objective One: Effects of the Experience of Reproductive Health Concerns of the Use of Online Health Service	on 140
4.3.2 Objective Two: Effects of the Awareness of Reproductive Health Concerns of the use of Online Health Service	on 142
4.3.2 Objective Three: Effects of Men's Socio-economic Status on the Use of Onli Health Platforms for Reproductive Health Concerns	ine 146
4.3.3 Objective Four: Effect of the Relationship between the Knowledge Gained fr Online Health Sources and the Actions Taken by Men	rom 153
4.4. Discussion of Findings	160
CHAPTER FIVE	169
CONCLUSION AND RECOMMENDATIONS	169
5.1 Preamble	169
5.2 Summary	169
5.3 Conclusion	171
5.4 Recommendations	172
5.5 Contributions to Knowledge	174
5.6 Limitations of Study	174
5.7 Suggestions for Further Studies	175
References	176
APPENDIX I- QUESTIONNAIRE	218
APPENDIX II-DATA ANALYSIS OUTPUT	224

LIST OF TABLES

Table		Page
4.1	Demographic profile of the respondents	103
4.2	Socio-economic profile of the respondents	107
4.3	Internet access and use for health-related issues	110
4.4	Frequency of use of selected online health platforms	111
4.5	Behavioural change in sexual health	112
4.6	Behavioural changes in reproductive health	113
4.7	Awareness of male reproductive health challenges	115
4.8	Ever experienced male reproductive health challenges	117
4.9	Perception about possible symptoms of men reproductive diseases	118
4.10	Perception about the causes of male reproductive health challenges	119
4.11	Internet utilisation for reproductive health concern and educational attainment	121
4.12	Internet utilisation for reproductive health concern and occupation distribution	122
4.13	Internet utilisation for reproductive health concern and accommodation type	123
4.14	Internet utilisation for reproductive health concern and number of people living per household	124
4.15	Internet utilisation for reproductive health concern and means of transportation	125
4.16	Internet utilisation for reproductive health concern and toilet facility	126
4.17	Internet utilisation for reproductive health concern and income distribution	127
4.18	Internet utilisation for sexual health concern and educational attainment	138
4.19	Internet utilisation for sexual health concern and occupational distribution	129

4.20	Internet utilisation for sexual health concern and accommodation type	130
4.21	Internet utilisation for sexual health concern and number of persons per household	131
4.22	Internet utilisation for sexual health concern and means of transportation	132
4.23	Internet utilisation for sexual health concern and toilet facility	133
4.24	Internet utilisation for sexual health concern and income distribution	134
4.25	Internet utilisation for reproductive health concern and educational attainment	135
4.26	Internet utilisation for reproductive health concern and occupational distribution	136
4.27	Internet utilisation for reproductive health concern and accommodation type	137
4.28	Internet utilisation for reproductive health concern and number of persons per household	138
4.29	Internet utilisation for reproductive health concern and means of transportation	139
4.30	Internet utilisation for reproductive health concern and toilet facility	140
4.31	Internet utilisation for reproductive health concern and income distribution	141
4.32	Logistic regression estimating the effects of the experience of reproductive health concerns on the use of online health service	144
4.33	Logistic regression estimating the effects of the awareness of reproductive health concerns on the use of online health service	147
4.34	Logistic regression estimating the effects men's socioeconomic status on the use of online health platforms for reproductive health concerns	153
4.35	Logistic regression estimating the effects of the relationship between the knowledge gained from online health sources and the actions taken by men	160

LIST OF ABBREVATIONS

AIDS: Acquired Immunodeficiency Syndrome

HIV: Human Immunodeficiency Virus

HPV: Human Papillomavirus

ICPD: International Conference on Population and Development

IPPF: International Planned Parenthood Federation

ISSM: International Society for Sexual Medicine

NBC: National Bureau of Statistics

RC: Reference Category

STDs: Sexually Transmitted Diseases

STIs: Sexually Transmitted Infections

TGCT: Testicular Germ Cell Tumours

UNFPA: United Nations Populations Fund

UNAIDS: Joint United Nations Programme on HIV/AIDS

WHO: World Health Organisation

CDC: Centre for Disease Control

NACA National agency for the Control of AIDS

MRHC: Men's Reproductive Health Concerns

SHC: Sexual Health Concerns

SRHC: Sexual Reproductive Health Concerns

LESS SEX PT: Less Sexual Partners

MORE SEX PT: More Sexual Partners

SPEC OPINION: Specialist Opinion

DR: Doctor

FREQ: Frequency

INFO: Information

LIST OF FIGURES

Figure		Page
3.1	Conceptual framework for men's reproductive health	80

ABSTRACT

Despite the advancement in the diagnosis and treatment of sexual and reproductive health challenges, men are disproportionally affected across the world by adverse reproductive health outcomes. This is more pronounced in the sub-Saharan Africa region where most men lack awareness and knowledge of their reproductive health. This is aggravated by the unwilling nature of men to seek healthcare, especially in the available medical facilities. This study explored the use of online health resources among men in Nigeria towards meeting their reproductive health needs. The study employed a quantitative research approach aided by questionnaire interviews for data collection among 775 statistically representative samples of men aged 15-64 years old in Lagos and Ogun States, Nigeria. Data were analysed using univariate, bivariate and multivariate analyses (binary logistic regression) through SPSS version 20. Findings from the study revealed that 52.3% of the respondents use online health resources for reproductive health concerns. Findings also showed that gonorrhoea (11.9%) was the most prevalent male reproductive challenge; this was followed by premature ejaculation (10.6%) and Syphilis (8.9%). The findings from the bivariate analysis showed that socioeconomic characteristics such as educational attainment, occupational status and income distribution have a significant association with the use of online health platforms for reproductive and sexual health concerns (p<0.005). Findings from the multivariate analysis reveal that men who use the information they saw online, visit their doctors' regularly, sought vaccines, and have reduced number of sexual partners and those who seek medical help are more likely to change their sexual reproductive health behaviour compared to men who do not. The study concludes that knowledge gained from online health sources significantly influences change in their reproductive behavioural outcomes. The study recommends that since the knowledge of online health services plays significant roles in change in reproductive outcomes, stakeholders, government, policy makers, non-governmental organisations, content and applications developers and primary health care centres should explore the power of online health resources to improve the reproductive health outcomes of men. Also, digital literacy should be provided to men, to feel confident in identifying reputable sources of online health information.

Keywords: Men's reproductive health, Online health platforms, Men's reproductive health behaviour, Men's reproductive health challenges