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BOOK OF ABSTRACT

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**JAPA SYNDROME AMONG MEDICAL PROFESSIONALS AND POOR HEALTH
DELIVERY SYSTEM IN HOSPITALS IN OGUN STATE: A SOCIOLOGICAL
REVIEW**

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Abstract

The worsening economic and political conditions in Nigeria have led to the mass exodus of medical professionals to more developed countries of the world. This study undertook a sociological review of the frequent brain drain (Japa syndrome) of medical professionals from Nigeria and the aftermath effect on the healthcare delivery system in selected hospitals in Ogun state. A structured questionnaire and in-depth interview guide were used to solicit information from respondents in two private hospitals and two public hospitals that were randomly selected for this study in Ogun state. The results revealed that the exodus of qualified medical doctors and nurses to seek greener pastures in more developed countries have resulted in the shortage of qualified medical personnel in our hospitals compared to the number of patients seeking medical attention. It has also led to obvious and persistent poor healthcare delivery in the already strained and understaffed public and private hospitals in Ogun state with unquantifiable consequences in terms of the avoidable death of patients. Based on these findings, the study recommends that government and other stakeholders in the health sector should review the working conditions and remuneration of medical personnel more often and make efforts to upgrade the medical facilities on the ground that can match their counterparts in more developed countries of the world. This may discourage the japa syndrome and help make the medical profession in Nigeria more attractive.

Keywords: Japa syndrome, brain drain, medical professionals, health delivery system