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# The Role of ICTs in Sex Education: The Need for a SexEd App

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- [Victoria Adebayo](#),
- [Olaperi Yeside Sowunmi](#),
- [Sanjay Misra](#),
- [Ravin Ahuja](#),
- [Robertas Damaševičius](#) &
- [Jonathan Oluranti](#)

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## Abstract

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Youths being in their formative years are extremely curious and adventurous and would attempt to get answers to their questions at any cost and from anywhere. This is also the case of sexually-related information. Studies have shown that deficient sex education has led to inappropriate practices/involvement among children and adolescents and subsequently, different social vices that are threatening to the society. However, with the advent and proliferation of smart phones, tablets and other gadgets, coupled with the internet technology, disseminating apt information or knowledge to youths and adolescents have been made much easier. Research has shown that these vices are reduced when children/adolescents are exposed to comprehensive formal/informal sex education. This research thus seeks to investigate the viability of applying ICT, specifically a mobile application to proliferate correct information to adolescents as a means of informal education. This is achieved by studying relevant literature and administering questionnaires to students in 5 secondary institutions and 2 Universities. The results reflect their need for adequate information and their readiness to engage such a platform. The framework of such a mobile application is also presented.

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- b. To help other people.
- 4. Confidentiality
  - a. The content will be kept a secret.
  - b. All stories will be combined into one story.
  - c. Participants will receive the results of the study when it is finished.
  - d. A third party will only be involved when an abusive or harmful situation is disclosed. But this will not be done without the consent of the participant.
- 5. Voluntary.
  - a. Participation is voluntary.
  - b. Participants can quit at any moment.
  - c. Questions do not have to be answered.
  - d. Duration of the interview is 45-60 minutes.
- 6. Control questions

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## Author information

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### Authors and Affiliations

- Covenant University, Ota, Nigeria**  
Victoria Adebayo, Olaperi Yeside Sowunmi, Sanjay Misra & Jonathan Oluranti
- Shri Vishwakarma Skill University, Gurgaon, India**  
Ravin Ahuja
- Kaunas University of Technology, Kaunas, Lithuania**  
Robertas Damaševičius

### Corresponding author

Correspondence to [Sanjay Misra](#).

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