

**HEALING ARCHITECTURE AS A THERAPEUTIC SOLUTION IN A  
WOMEN'S HOSPITAL DESIGN IN LAGOS, NIGERIA**

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**JUNE, 2023**

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**BY**

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**A DISSERTATION SUBMITTED TO THE SCHOOL OF  
POSTGRADUATE STUDIES IN PARTIAL FULFILMENT OF THE  
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ARCHITECTURE, COLLEGE OF SCIENCE AND TECHNOLOGY,  
COVENANT UNIVERSITY, OTA, OGUN STATE**

**JUNE, 2023**

## **ACCEPTANCE**

This is to attest that this dissertation is accepted in partial fulfilment of the requirements for the award of the degree of Master of Science in Architecture in the Department of Architecture, College of Science and Technology, Covenant University, Ota, Nigeria.

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## **DECLARATION**

**I, SEFIA, ERUEMUVOKE PHILIPPA (21PCA02243)** declare that this research was carried out by me under the supervision of Dr Daniel O. Babalola of the Department of Architecture, College of Science and Technology, Covenant University, Ota, Ogun State. I attest that the dissertation has not been presented either wholly or partially for the award of any degree elsewhere. All sources of data scholarly information used in this dissertation are duly acknowledged.

**SEFIA, ERUEMUVOKE PHILIPPA**

**Signature and Date**

## **CERTIFICATION**

This is to certify that this dissertation titled **“HEALING ARCHITECTURE AS A THERAPEUTIC SOLUTION IN A WOMEN’S HOSPITAL DESIGN IN LAGOS NIGERIA”** is an original research work carried out by **SEFIA, ERUEMUVOKE (21PCA02243)** in the Department of Architecture, College of Science and Technology, Covenant University, Ota, Ogun State, Nigeria under the supervision of Dr. Olatunde D. Babalola. This dissertation has met the required standard for the award of Master of Science (M.Sc) in Architecture.

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## **DEDICATION**

This project is dedicated to God Almighty for the grace and strength given to me to complete this project.

## **ACKNOWLEDGMENTS**

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## **ABSTRACT**

The research looks at the concept of healing architecture and its possible therapeutic impacts on patients in healthcare settings, specifically in the context of a proposed women's hospital in Lagos, Nigeria. The research takes a pragmatic approach, utilising both qualitative and quantitative approaches such as case studies, interviews, and structured questionnaires, with an emphasis on implementing healing architectural elements to aid quick recovery. The study examines the level of application of healing architectural elements in indigenous and international women's hospitals through extensive observations and examination of chosen case studies. The results acquired from patient and health practitioner perspectives suggest that the presence of these elements in the various buildings is rated above average. Overall, the presence of therapeutic architectural components in the buildings was evaluated above average by patients and practitioners, demonstrating their potential to improve healing experiences. First, the researcher collected data on the impact as perceived by patients using a standardised questionnaire. The findings revealed that the majority of patients feel these elements have a moderate effect, whilst health practitioners believe the elements have a significant impact on the patients' therapeutic experience and recovery process. While, the information gleaned from the interviews demonstrated that a patient's immediate environment and these elements influence his or her recuperation. This research contributes to the growing study of designing healthcare facilities with healing architecture elements, emphasizing the potential benefits of enhancing patient experiences and well-being.

**Keywords:** Healing architecture, Therapeutic design, Hospital, Salutogenesis, Evidence Based Design.